

2022

# Annual Report

Strengthening Communities by  
Helping People Build Better Lives.



**cornerstone family programs  
& morristown neighborhood house**

Better Lives, Stronger Communities

Patrice Picard

# A Message from Our CEO

2022 was an exciting year of moving forward and the successful completion of our Strategic Plan for 2022 - 2024. The roadmap for the next two years will focus on growth and expansion; both geographic expansion and expansion of existing programs. Our communities and families have asked for more and we are focused on meeting the needs. However, we could not have the impact that we do without our amazing staff and our donors.

- Our award-winning preschool program continues to expand, and plans were finalized for an additional classroom in the Neighborhood House and four preschool classrooms in Dover. We continued to offer extended days and meals for our preschoolers to further support our families.
- Our before and after school program added recreation, STEM, arts, and other activities to ensure that our students have the same enrichment opportunities as their peers.
- Our teen programs grew, providing much-needed financial and social-emotional support for our teens and young adults. We are especially proud of our newly launched Teen RAP (Resilience & Purpose) Sessions and our ever-growing Teen Mental Health First Aid program.
- Our Unity Step Team won Audience Choice Award at Morristown OnStage event and participated in many community partnerships and performances.



- Our Adult Day Center census increased, offering an antidote to loneliness for seniors and support for their caregivers.
- We were excited to open our doors to our neighbors and re-start our open gym sessions. We also were proud to support our neighborhood with movie nights, art sessions, and other programs.

We continued to help our community outside our official programs as we have done throughout our 200-year history. With other community partners, we provided food to our families through free-lunch Fridays. We partnered to provide health and wellness programs including pediatric vaccinations and other wellness initiatives.

We feel that we turned a corner in 2022 and, although we still faced challenges, we were able to focus our attention on bringing our magic and message of hope to more children and families...We believe that everyone deserves a chance for a happy, healthy, and productive life and we want to give that chance to more of our neighbors!

We are sincerely grateful for all who support our life-changing work...We cannot do this alone.

Warmest Regards,



Patrice Picard



Activities for All

# Programs

# ages

## On THE ROAD TO SUCCESS Teen Pathways to Brighter Futures helped our teens:

- Earn and learn while on the job setting them on the road to personal, academic, and economic success.
- Prepare for college or vocational school, gain paid internships, learn financial planning, and learn social and emotional skills.
- Realize their full potential and achieve a better life.



As a Teen Mental Health First Aid training site, young people learned to identify, understand, and respond to signs of mental health challenges among peers. Teen Program Coordinator, Isaiah Hamilton, provided teens with the skills to have productive conversations with their peers.



100% of teens increased their confidence in learning work and life skills.



100% of businesses highly recommended our internship program.



87.5% of college prep participants demonstrated improvements to their math, verbal, comprehension, and test-taking skills.



94% of teens demonstrated improved money management skills.



100% of participants in our Teen Mental Health First Aid program reported being able to identify and access a mental health resource for themselves or for a peer.

## Summer Camp

- 60 students put on their caps and became superheroes back in action for the Nabe summer camp experience.
- Exciting electives included Piano 101, photography, and home economics.
- Students got their dose of fun in the sun at our Field Day with Riker Danzig.
- Campers, staff, and families enjoyed good eats at our Family BBQ at Lewis Morris Park where they partied, played, and laughed all afternoon.
- Oh, the places they will go! The campers explored all our tri-state main attractions from Liberty Science Center, The Funplex, Battlezone, Turtleback Zoo, Imagine That, the Aquarium, and the Morris Museum.



## Before/After School



- 120 students received additional academic support during 2022.
- 120 students were exposed to new art forms like storytelling and musical theater.
- National Society of Black Engineers (NSBE) worked to help develop students' love for science.
- 14 students learned how to transform their trauma into beauty through mending arts.
- All 120 students received scouts' badges for staying true to scouting and adapting to the scout's honor.
- Students enjoyed learning about and celebrating all major holidays.
- Students workshopped with MPAC to help with their Theatre of Light Show.

## Recreation

OPEN GYM IS BACK! The community has flooded the Neighborhood House to shoot hoops and stay active. The return of Open Gym has been so successful that it now runs 3 days a week, welcoming over 90 participants per week.

Basketball clinics with Coach Andre and Brandon have brought positivity, skill development, leadership, and FUN to the game.

Indoor Futsal, modeled after the Brazilian style of soccer, is a 5v5 game that Coach Alex introduced to our players. Weekly clinics increased skill development so much, we had many of our players thinking they are the next Lionel Messi! 10 players attended a Red Bulls Soccer game with Coach Alex at the end of the season and even made it onto the Jumbotron!

Little Kickers program got K-2nd grade students passionate about soccer. Little ones learned the fundamentals including passing, kicking, dribbling, shooting and rules of the game!

Coaches Corner, one-on-one mentoring with Coach Alex has won the hearts of our student athletes. Here players can work on homework, talk to a role model, and encourage students to practice positive behaviors in a safe and fun learning environment.



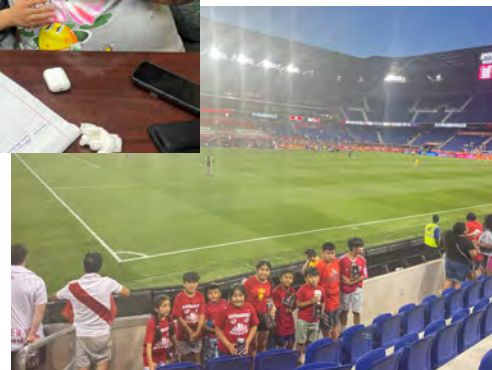
Open Gym provided 176 hours of activity for the community.



100% of players had a blast at the Red Bulls game!



95% of students that visited the “Coaches Corner” increased their math and reading skills.





## Preschool

---

We continued to run both Legacy Preschool and Preschool Expansion classrooms serving 181 students during the 2022 school year and summer providing quality care, nutritious meals and exposure to new experiences while learning through play.



98% of students improved their math and literacy skills.



100% of Pre-K students were prepared for Kindergarten.



40 students participated in swim lessons over the summer!

## Adult Day Center

---

Our Social Adult Day Center continues to provide a safe, upbeat, and welcoming environment for aging adults who could benefit from social interaction and some assistance weekdays between 8:00am – 6:00pm. Sliding fee scales, attendance flexibility, exceptional staff and transportation make the program a hit for clients and caregivers alike.

Our dynamic daily schedule is thoughtfully and carefully planned, and features activities designed to provide cognitive and physical stimulation and ample opportunity to socialize, create and experience joy every day.



Anita's (one of our clients) daughter, Tracy couldn't say enough good things about the positive impact our Center has had on her mother and her entire family in 2022:

*"The staff here is amazing! They are part of our family; we are a part of their family. They are committed, patient, loving, kind creative, energetic and enthusiastic... It makes me as her caregiver so happy and my family so happy knowing that she is in a safe and loving environment. It's a huge peace of mind for us."*

## Operation Sisterhood

The mission of this one-of-a-kind peer support program for female veterans is to identify, engage and earn the trust of this uber complex population; meeting them “where they are” and giving them hope and tools to find better tomorrows.

In 2022, Operation Sisterhood gladly returned to in-person programming, while continuing to incorporate technology and a variety of platforms for connection: - in-person (social events), online live interactions (support groups, INTEL HOUR and educational symposiums) and completely remote access to resources (via OS YouTube).

We expanded our reach by introducing an Ambassador Program that trained and empowered female veterans who demonstrated leadership and the ability to help other women warriors to directly encourage OS involvement and resource utilization.

Meaningful peer connections were made twice a month through hybrid support groups and thru in-person special events including Equine Therapy sessions, Mother’s Day & Holiday meals, a weekend camping trip and participating in the 12th Annual Knights of Columbus & Catholic Charities Army Tank Pull.

---

*“OS provides a safe & fun space that combats loneliness, depression & isolation by providing resources to help us have a better quality of life. I feel valued & accepted instead of misunderstood & disrespected like I experience in civilian life.” -- Sally*

---



Opportunities for advocacy, impact and communication with policy makers and community partners were facilitated through partnership with NJSOS Stakeholder Groups and participation in Interfaith Suicide Prevention Workshops alongside Catholic Charities.

Operation Sisterhood also co-sponsored Regional Resource Symposiums with the VA/Newark Regional office fostering improved relationship between the VA and Veterans. Virtual programming also introduced women to experts and problem solvers in the areas of PTSD, Military Sexual Trauma, Financial literacy and Healthy Coping Skills.



Be the Difference

# Volunteers

help out



Our passionate and energetic volunteers completed 2,700 hours of hands-on service, program assistance, donation drives and more!

Corporate partners included:



Hope for the Holidays:

Through our generous donors we were able to distribute gifts to over 350 students, 15 families, 40 seniors, 25 female veterans and 27 of their children.

Don't Miss Out!

# Our Events

## **Gala - Raised \$350K**

We were back in person in 2022 for "The Roaring Twenties" honoring Michael Salerno, for his tireless and tremendous work on the Board of Directors for many years.

The Gala, which took place at The Meadow Wood in Randolph, NJ, raised over \$350,000 through sponsorships, ticket sales, auction items and ad journal sales.

Major sponsors included Salerno Duane Auto Group, CHUBB, The Schermerhorn Family, Virginia and Michael Ranger, and Lydia and Eric Muller.



## **Bowl-a-Thon - Raised \$80k**

Powered by nearly 200 bowlers, Cornerstone Family Programs 15th ANNUAL BOWL-A-THON on September racked up big donations and was a huge success. Everyone came together to make this event a success!

Riker Danzig LLP secured the titles of both Highest Fundraising Team and Highest Scoring Team.

Along with a 50/50 and raffle prizes, Stackable Sensations sponsored a Golden Ticket Chocolate Bar contest. Guests bought chocolate bars and the person who had the "Golden Ticket" won a Helicopter Ride overlooking New York City.

Silver and Bronze Sponsors include Chubb, Listrak, Virginia and Mike Ranger, Simon Quick Advisors, Dr. Judy Banks, Deloitte, Jessica & Chris Rider, Riker Danzig LLP, Salerno Duane Auto Group, Senlac Partners, Station Partners, The Sweetie Pig Foundation, Valley Bank, and Wyndham Hotels & Resorts!

Support Our Programs

# Grants

**Hearts of Gold** 

## **First Energy Foundation**



Thank you First Energy Foundation for your 2022 *Gifts of the Season* grant to support our Morristown Neighborhood House Afterschool Program and Dover's Project Safe.

## **2022 State Farm Neighborhood Assist®**



Our female veteran's program, Operation Sisterhood, is proud to be voted a Top 100 Winner out of 200 finalists in this national crowd-sourced philanthropic program to identify important issues in our communities. In just 10 days, 88,000 people cast more than 2 million votes in support of their favorite causes.

We want to express our gratitude for those foundations who generously supported our mission through special grant funding this year. Thank you for helping our families find hope and resilience:

- Allyn Family Foundation
- Blue Foundry Foundation
- Cigna Foundation
- Chubb Global Citizens Fund
- First Energy Foundation
- FM Kirby Foundation
- Frelinghuysen Foundation
- Geraldine R. Dodge Foundation
- Glasser Foundation
- Hyde and Watson Foundation
- Ilene Baele Foundation
- John Bickford Foundation
- McGuinn Family Foundation
- Merck Neighbor of Choice
- Mimi Washington Starrett Foundation
- Morris Arts Council
- National Council of Mental Wellbeing
- New Jersey Society for Information Management Foundation
- New Jersey Workforce Registry Child Care Connection
- New Jersey American Recovery Plan
- Novartis US Foundation
- Opportunity Fund of the Community Foundation of New Jersey
- PNC Foundation
- Presbyterian Church in Morristown
- Ranger Family Foundation
- Santander Foundation
- State Farm Neighborhood Assist
- Valley Bank
- Whole Kids Foundation

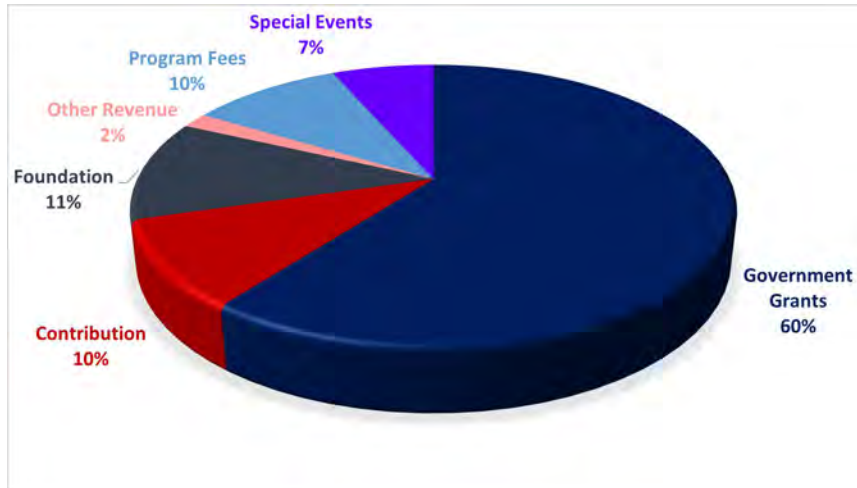
## Summary of Expenses

# 2022 Financial Report

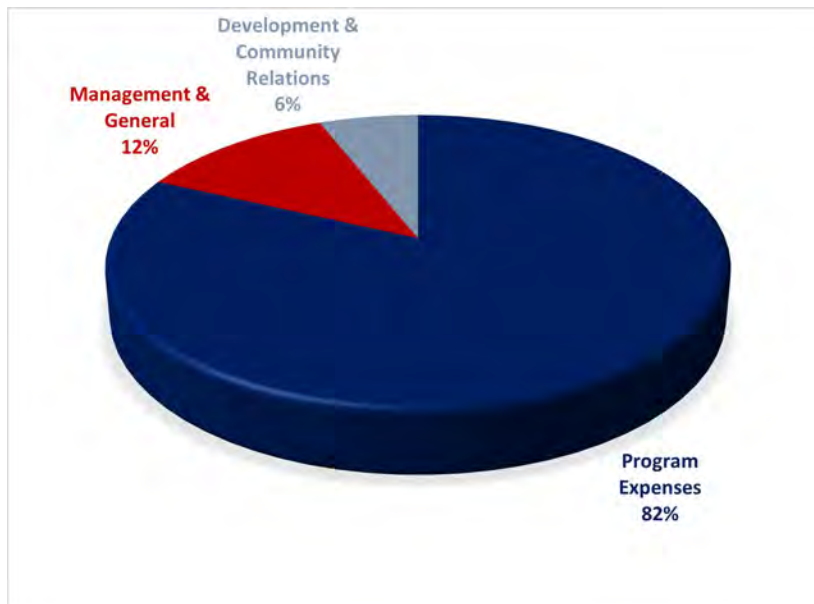
<b>Program Expenses</b>	<b>\$ 4,670,970</b>
Giving Children the Best Start in Life	\$ 3,659,803
Supporting Teens and Adults in Improving Their Lives	\$ 630,039
Keeping Seniors Independent & in Their Homes	\$ 651,129
<b>Management and General</b>	<b>\$ 664,631</b>
<b>Development and Community Relations</b>	<b>\$ 352,313</b>

<b>Net Expenses for Operating Activities</b>	<b>\$ 5,687,914</b>
--	---------------------

## Support and Revenue



## Expenses







**cornerstone family programs  
& morristown neighborhood house**

Better Lives, Stronger Communities

info@cfp-mnh.org

cornerstonefamilyprograms.org

**Everyone Deserves a Chance to Live a Happy,  
Healthy and Productive Life.**

---



**Headquarters**

12 Flagler Street  
Morristown, NJ 07960  
(973) 288-9241



**Neighborhood House**

12 Flagler Street  
Morristown, NJ 07960  
(973) 538-1229



**Adult Day Center**

540 W Hanover Avenue  
Morris Plains, NJ 07950  
(973) 326-7288